

Aromatherapy Workshop

“NEW” *“NEW”*

Winter 2020

*Instructor: Amanda Mancini
Wellness Advocate with doTERRA Essential Oils*

Learn how to make your own Beaded Aromatherapy Bracelet for things like stress, anxiety, energy, and strength. You will learn how aromatherapy works, and how to use the essential oils properly and safely. You will get to sample the essential oils and learn which ones to use on the bracelets for emotional support.

<i>Who:</i>	<i>Monroe Twp. Residents Only Ages 13 years to Adult</i>	
<i>Where:</i>	<i>Monroe Township Community Center</i>	
<i>When:</i>	<i>Friday February 7, 2020</i>	
<i>Time:</i>	<i>6:30pm-8:00pm</i>	
<i>Fee:</i>	<i>\$ 15.00 per person - includes one bracelet & one essential oil sample **Up to 2 additional bracelets can be made for \$10.00 each Make checks payable to: Amanda Mancini</i>	
<i>Registration can be done online at register.communitypass.net—All checks or money orders must be mailed or dropped off to the Community Center no later than 1 week prior to start of program: to 120 Monmouth Road, Monroe Township, NJ 08831</i>		



Register online at
register.communitypass.net/monroetownship
or at the
Monroe Township Community Center.
Open 7 days a week, 8:00am-9:00pm

Any questions, please contact: Monroe Rec. Center 732-723-5000

Photo Policy—By registering you/your child you give permission for photos to be taken that may be used by the township or invited media. If you do not wish you/your child to be included in such photographs, you must submit this request in writing with your registration.