

# Martial Arts Karate

## Winter 2020 Session I

*Learn exciting moves, self confidence and most of all have fun.  
Instructor Hanshi Vitale is a 6 time Hall of Fame Martial Artist, a 9th Degree Black Belt and has been teaching at the Community Center for 23 years.*

Who: Monroe Twp. Residents—6 years old through High School

Where: Monroe Township Community Center  
Auxiliary Gym

When: Tuesday Evenings  
January 7, 14, 21, 28  
February 4, 11, 18, 25

Time: 6:30pm—7:30pm

Fee: \$45 - Make check payable to: Don Vitale (NO REFUNDS)  
*Registration can be done online at [register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship)—All checks or money orders must be mailed or dropped off to the Community Center before the start of the program: 120 Monmouth Road, Monroe Township, NJ 08831*



***Instructor: Hanshi Vitale a 6 time Hall of Fame Martial Artist and 9th Degree Black Belt***

Register online at [register.communitypass.net/monroetownship](http://register.communitypass.net/monroetownship) or at the Monroe Township Community Center. Open 7 days a week, 8:00am-9:00pm

**Any questions, please contact: Monroe Rec. Center 732-723-5000**

**Photo Policy**—By registering you/your child you give permission for photos to be taken that may be used by the township or invited media. If you do not wish you/your child to be included in such photographs, you must submit this request in writing with your registration.

### UNIFORMS REQUIRED

\$30 fee for uniform payable to Don Vitale at time of order. Complete order form below with size information. Please return this section with payment for the class.

<b>Name</b>	
<b>Phone</b>	
<b>Height &amp; Weight</b>	
<b>Size</b>	

Height	Weight	Size
41"	45lbs	000
48"	60lbs	00
53"	80lbs	0
57"	100lbs	1
62"	120lbs	2
5'6"	140lbs	3
5'9"	175lbs	4
6'	185lbs	5
6'4"	200lbs	6